Dear candidates for the sacrament of Confirmation,
As you know, you are asked to choose a sponsor to walk with you on your faith journey. Please talk with your parents about the role of a sponsor and reflect with them on who would be a good role model of faith and companion on the journey for you. The sponsor is someone who needs to be a confirmed, practicing Catholic who is at least 16 years old.

Please use the attached questions to “interview” your sponsor and open a conversation about faith with them (you may write the answers down so you have them in the future, but are not required to turn that interview into us). After you have had that conversation with your sponsor, please fill out this first page and turn it in to the Faith Formation Team.

For the candidate to fill out and turn in:

Candidate’s Name: _________________________________________________
Sponsor Name: ____________________________________________________
Relation to Candidate: ______________________________________________
Why did you choose this person as your sponsor? ________________________
_________________________________________________________________

What is the most surprising or interesting thing you learned from this conversation with your sponsor? ____________________________________________
_________________________________________________________________

How do you hope to continue your relationship with your sponsor after you are confirmed? ________________________________________________
_________________________________________________________________

Sponsor, by signing below you agree that you are a confirmed, practicing Catholic over the age of 16.

_________________________________________________________________
Sponsor Signature

Date
Suggested Sponsor Interview Questions

Here are some suggested questions to help you in talking with your sponsor. It is not necessary to include all 10 questions, but please be sure to choose at least five or six that you think will be helpful! You may take notes on this page for your own benefit, or just use it as a guide for your conversation with your sponsor. Please do not simply email this sheet to your sponsor and ask him/her to fill it out. This is meant to be a conversation and a way for you to begin/continue to discuss topics of faith with your sponsor. These interview questions do not need to be turned in – just the top synthesis page. Thank you! Have a great discussion!

1. What do you think makes a good/strong community?

2. How has your faith grown as you’ve grown up? How do you live your faith? Why is your faith important to you?

3. Who are the people of faith that have inspired you? Why?

4. What are some of the values by which you live your life? (Your own Creed)
5. Tell me about a few of your favorites: your favorite scripture passage, your favorite saint, your favorite prayer, a sacred image that means a lot to you.

6. What is your image of God?

7. What teachings of the Catholic Church challenge you the most? What teachings are most life-giving for you?

8. Who was your Confirmation Saint and Sponsor? Why did you choose them?

9. What advice would you give to young Catholics?

10. What are you hoping for or looking forward to in being my sponsor for Confirmation?